



SHIFA

شفاء

**Asian Women's
Mental Health
Support Group**

ایشین کمیونٹی کے لئے
دماغی صحت کی جانب
مثبت قدم

Thursdays 9:30am-12:30pm

Fridays 9:30-11:30am

CornerHouse

2 Courtenay Road, Woking, GU21 5HQ

Contact Ghazala on 01483 756318 Ext 224

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***'Working towards better mental health in
the Woking Asian community'***

