

Release

Self Help Group

For people who experience

Panic Attacks

Phobias

Anxiety

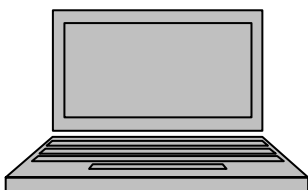
OCD

01483 757461

CornerHouse
2 Courtenay Rd
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GU21 5HQ

Meetings:
4th Wednesday of
each month
7.30-9.00pm

Free and open to
anyone coping
with Panic Attacks,
Anxiety Disorders,
Phobias or OCD



www.anxietyrelease.org.uk

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