

# Older People's Mental Health Support Group



Are you aged 65+?

Do you have mental health or  
emotional issues?

Then this group might  
be for you!

Drop in for a chat

Find out more about  
the issues that affect  
you

Meet others

For more information phone

**01483 757461**

We meet at CornerHouse every  
Tuesday from 2pm-4pm

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