



For better mental health

MindinfoLine
0845 766 0163

Woking Mind—

For better mental health in woking

Woking Mind run three drop-ins a week and these are for anyone who would like to come along – just turn up on the day!

Mondays & Tuesdays 10:00am - 1:30pm
CornerHouse
and
Fridays 10:00am – Noon
St Michael's Church - Sheerwater

You can come for the whole morning or just drop in for a few minutes. You will always be assured of a warm welcome. Tea and coffee are free, and a lunch on a Monday or Tuesday costs just £1.

We organise various activities, seminars and social events based at the two centres. These include a consultation meeting every second Monday at which people can put forward their ideas for future events and discuss the way the drop-in operates. Everyone is encouraged to take part, but there is no obligation on you to do so.

If you would find it difficult to get to either venue, or require further information then please contact our Co-ordinator Mike Andrews:

TEL: 01483 766998 or 07905799581

CornerHouse

2 Courtenay Road Woking Surrey GU21 5HQ

www.wokingmind.org.uk