



SHIFA

**Asian Women's
Emotional Health
Support Group**

شفاء

ایشین کمیونٹی کے لئے

دماغی صحت کی جانب

مثبت قدم

Thursdays & Fridays

9:30am-12:30pm

CornerHouse

2 Courtenay Road, Woking, GU21 5HQ

01483 757461

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www.shifa-woking.org.uk

***'Working towards better emotional health
in the Woking Asian community'***